

# Yoga Alliance



# Statistiques

Aux États-Unis, le nombre de pratiquants yoga grandit. Voici le résultat d'une étude faite pour le compte de la Yoga Alliance et le Yoga Journal

| Statistics on American Yoga Students*                                  |                                              |
|------------------------------------------------------------------------|----------------------------------------------|
| Total # of People Who Practice Yoga                                    | 34 million                                   |
| Female Practitioners                                                   | 24 million                                   |
| Male Practitioners                                                     | 10 million                                   |
| Percent who earn more than \$75,000 annually                           | 44%                                          |
| Percent who are college graduates                                      | 71.4%                                        |
| Number of practitioners who report donating time to their communities  | Almost 50% compared to just 26% of non-yogis |
| Number of practitioners who report eating sustainably and living green | Over 50% compared to 1/3 of Americans        |

\*Stats taken from Yoga in America Study

• 8 Steps to a Fuller Group Yoga Class

Hosted by  yoga ALLIANCE •

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